

Public Health
Seattle & King County



Community Health Worker
Asthma Training Program

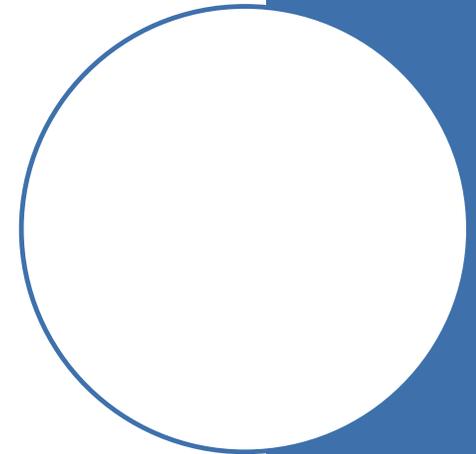
HealthierHere Webinar

Nov. 8th, 2019

Community Health Worker
Asthma Training
&
CHW Supervisor Training

Agenda

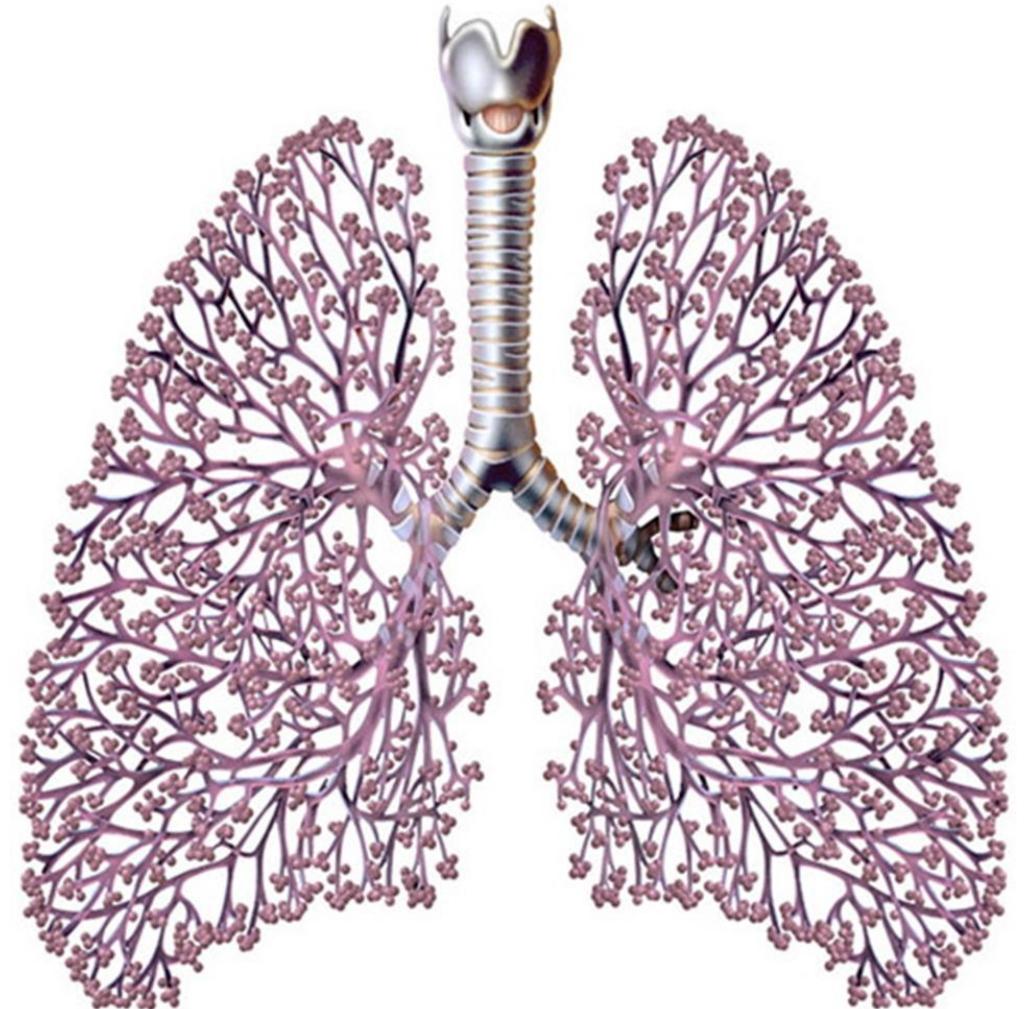
- Introduction to the PCORI Dissemination & Implementation Grant
 - <https://www.pcori.org/research-results/2018/disseminating-community-health-worker-training-guidelines-practice-g2p-project>
- Community Health Worker Asthma Training
- Community Health Worker Supervisor Training
- Dates for King County Trainings & How to Sign-Up
- Questions & Feedback



Guidelines to Practice (G2P): Reducing Asthma Health Disparities through Guideline Implementation

Goals

- Support clinic improvements and clinic staff in using the Asthma Health Guidelines
- Help health plans to enhance case management, monitor medications, notify providers of patient ED visits and hospitalizations, and increase guideline distribution to providers
- **Deploy CHWs to help people in managing their Asthma (RCT)**



Results

Compared to patients who didn't get home visits,
Children and adults who did had :

- More days without asthma symptoms
- Went to the emergency room less often
- Missed fewer days of work and school
- Reported better quality of life

Patient Case



- Patient was 1.5 years old, referred to us from Seattle Children's because he had been hospitalized three times for at least a week each time in the past two months for asthma symptoms.
 - His family was living in a duplex in Federal Way.
 - The home was infested with thousands of small cockroaches throughout and mom was trying to clean up environment with undiluted bleach.
- CHW Solution: Provided patient education about the safe cleaning kit (includes baking soda, vinegar, soap, etc.) to replace the bleach used by the mom. Then I placed "Roach Hotels" traps in different places around the home to find where they are concentrated. Later I used a Maxforce Gel (focusing in the kitchen) as part of the cockroach abatement process. Then I provided the family with a HEPA filter vacuum to clean up the leftover cockroaches. This required four visits to the family home.
- Within two months post CHW visit, the patient had no ER visits and controlled asthma symptoms.

Disseminating Community Health Worker Training from the Guidelines to Practice (G2P) Project

Goals

- Make the tested CHW Asthma Home visit model part of asthma care in communities across Washington State.
- Provide free training for CHWs and CHW supervisors. Trainees will receive in-person tailored trainings, interactive online tutorials and evidence-based resources and materials to keep as part of the curriculum
- Co-learn and partner with ACHs, CHWs, community members, patients, providers, WA Department of Health, and Medicaid MCOs



Community Health Worker Asthma Training

Online Training

1. Asthma Basics

2. Medication Adherence and Guidelines for Using an Asthma Action Plan

3. Respiratory Distress: Warning Signs and Responses

4. Home Environmental Check and Cleaning Technique

5. Dust Control Guidelines: Vacuuming and Door Mats

6. Dust Mite Guidelines

7. Mold & Moisture Guidelines

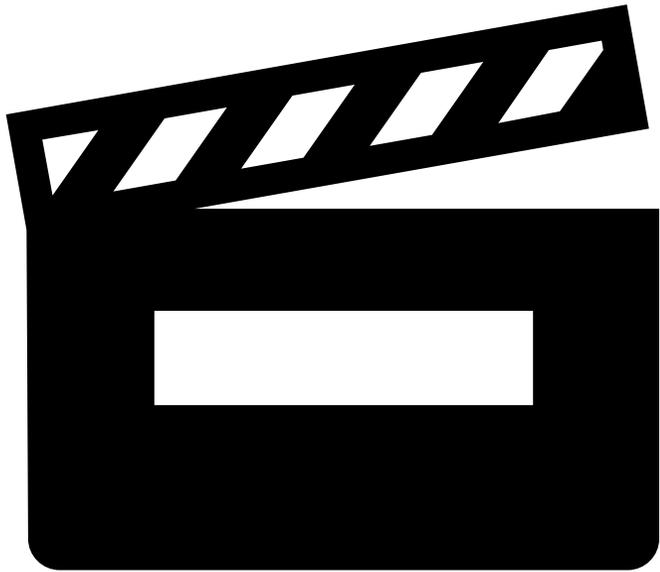
8. Roach & Rodent Guidelines

9. Pets: Management; HEPA Filter Use

10. Environmental Air Exposure – Indoor and Outdoor

Community Health Worker Asthma Online Training Clip

https://drive.google.com/open?id=1S6cLeJs9qB1PSkju_F6F_YjgmCpjdLWZ



Community Health Worker Asthma Training

2 Day In-Person Training

1. Review of Cultural Competency/Humility and Trauma Informed Care

2. Motivational Interviewing

3. Asthma Gizmos and Gadgets

4. Using Asthma Protocols

5. Asthma Case Study

6. Asthma Home Visit

7. Advocacy for Housing and Health Care

8. Safety Protocols, Personal Safety

Community Health Worker

- CHW Marta has been working at a community clinic in WA State for 7 years
- In her caseload of patients she visits with 5 families who have asthma and who live in a public housing community
- She wants to know more about how she can advocate for safer housing and healthcare for her families that she's serving



Community Health Worker Supervisor Training

Day 1 Learning Objectives

1

Identify how CHWs are different from other health professionals

2

Define CHWs, their roles and their skills

3

Examine the role of shared culture and lived experience play in improving health outcomes for people experiencing large health inequities

4

Sketch the strengths and challenges CHWs bring to their organization, supervisors, and patients/clients.

5

Describe the components of effective CHW Supervision: Individual supervision, group supervision, and CHW shadowing

6

Identify the unique satisfaction of being a CHW Supervisor

Community Health Worker Supervisor Training

Day 2

Learning
Objectives

Preparing your organization for CHWs

Building relationships
with external
stakeholders

Educating staff at your
organization about the
CHW role

Managing Internal
relationships within the
organization

Overcoming challenges
with on-boarding CHWs
at your organization

CHW Supervisor

- Supervisor Clarissa has been a supervisor at a community based organization for 2 years and now will get the opportunity to hire a team of CHWs who will conduct home-visits
- She's trained as a nurse and wants to be better prepared in on-boarding the CHW team to her organization



King County Trainings

CHWs Asthma Training

January 30th & January 31st

9:00-5:00pm

CHW Supervisor Training

February 6th & 7th

9:00-5:00pm

Sign Up Today!

Email:

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Questions & Feedback

Thank you