

Perinatal Mental Health Webinar: She Screened Positive for Depression, Now What?

Every year, approximately 12,000 people in Washington State experience depression or anxiety during or after pregnancy. Our goal is to give their perinatal, mental health and primary care providers the support and tools they need to effectively treat their patients' mental health disorders during pregnancy and postpartum.

Dr. Deborah Cowley, perinatal psychiatrist at the University of Washington, will lead this one-hour webinar. Attendees will learn:

- ✓ Current information about perinatal depression and anxiety in Washington
- ✓ Best practices for screening
- ✓ How to integrate screening results into care plans

Please join us! This presentation is open to anyone who cares for pregnant women or new moms including but not limited to: obstetricians, midwives, registered nurses, pharmacists, pediatricians, psychiatrists, family physicians, nurse practitioners, community health workers, peer counselors, and other primary care and mental health providers.



WHEN

Thursday, January 9th 2020
12 - 1 PM PST

WHERE

Click here to join the meeting:

<https://uw-phi.zoom.us/j/316415496>

REGISTRATION

RSVP at

<http://j.mp/2OdenAl>

